MS war (2) 12 Pack

BESTWAY

LEAFLET No. 469 3d.

FOR THE ROYAL AIR FORCE

Socks. Two Scarves, Gum-boot Stockings and Knee Caps

Designed and Approved by the
ROYAL AIR FORCE COMFORTS
Committee

Design 1

For the Royal Air Force

TWO SCARVES, SOCKS, KNEE CAPS and GUMBOOT STOCKINGS

ALL these garments have been specially selected by the R.A.F. Comforts Committee as being those continually in requirement for the men of the R.A.F. Each garment has been designed and approved by the R.A.F. Comforts Committee.

Design 1.—RIBBED SCARF

(In 4-ply Wool)

Length 44½"
Width 10"

MATERIALS : *Allow 6 oz. of Sirdar Majestic Knitting Wool (4-ply); or 7 oz. of R.A.F. Knitting Wool (4-ply) (specially issued to knitting parties), and two No. 7 knitting needles.*

TENSION : *8 sts. to one inch in width and 15 rows to 2 inches in depth.*

MEASUREMENTS : *Scarf will be about 10 inches wide and 44½ inches long.*

TO MAKE

Cast on 82 sts. and work thus :

Pattern row : * K. 3, p. 1 ; rep. from * until 2 remain, k. 2. Rep. this row until scarf is 44½ inches long. Cast off and lightly press.

Design 2.—PLAIN SOCKS

(In 11, 11½ and 12-inch foot sizes ; in 4-ply wool)

MATERIALS : *Allow 4 oz. of Sirdar Majestic Knitting Wool (4-ply) for any of the three sizes; or allow 4 oz. of R.A.F. Knitting Wool (4-ply) (specially issued to knitting parties) for either of the two smaller foot sizes, or 4½ oz. for the largest size; four No. 11 knitting needles with points at both ends. Also, if you wish to reinforce socks at heel and toe, two reels of machine twist, or one ball of Star Sylko No. 8, in colour to match the wool.*

TENSION : *Over the st.-st., 10 rounds to the inch in depth and 8 sts. to one inch in width, but pressing out to 7½ sts. in width after sock is completed.*

MEASUREMENTS—After Pressing : *Length of leg, 14 inches. Foot length, 11, 11½ or 12 inches.*

TO MAKE (Both Socks alike)

Cast on 68 sts. (24 each on 1st and 3rd needles and 20 on 2nd needle.) Work in rounds of k. 2, p. 2 ribbing for 40 rounds.

Now change to st.-st. (every round plain k.) and continue until sock measures 7 inches.

Next round : *1st needle :* K. 1, k. 2 tog., k. to end. *2nd needle :* K. all sts. *3rd needle :* K. to last 3 sts., k. 2 tog. (through backs of loops), k. 1. Work 5 rounds plain.

Rep. the last 4 rounds until sts. are reduced t. 60 (20 on each needle). Then proceed without shaping until sock measures 11½ inches from start. Next, divide sts. for heel as follows :

K. over the first 15 sts. of 1st needle, then on to the other end of the needle holding these 15 sts. slip the last 15 sts. of 3rd needle, so that you have 30 sts. for heel.

Arrange the remaining 30 sts. on two needles and leave for the instep.

Continuing work only over the 30 heel sts., proceed backwards and forwards in rows, as follows, noting that if you wish to reinforce the heel you must take the twist or Sylko and work with one strand of this and one strand of wool tog.

P. one row ; then k. one row and p. one row alternately for 26 more rows. Now turn heel.

1st row : K. 18, k. 2 tog. through backs of sts., turn.

2nd row : P. 8, p. 2 tog., turn.

3rd row : K. 8, k. 2 tog. through backs of sts., turn. Rep. 2nd and 3rd rows until 9 sts. remain, ending with a k. row.

Next row : P. 4, p. 2 tog., p. 3 (8 sts.). Now rearrange sts. as follows (noting that if you have used reinforcing, you break off twist or Sylko and continue with wool only).

K. the first 4 sts. of heel and leave them on a spare needle. With needle holding the remaining 4 heel sts. pick up 15 sts. from one side edge of heel (19 sts. on this needle, which will now be referred to as " 1st needle "). On to 2nd needle slip all the 30 instep sts., then with a

ABBREVIATIONS : *K., knit; p., purl; st., stitch; sts., stitches; st.-st., stocking-stitch; tog., together; rep., repeat; sl., slip; dec., decrease.*

All measurements shown on diagrams are after pressing.

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